

# European Iron Club Meeting

18–20 June 2026

Trinity College, Dublin

*Scientific Innovation • Irish Heritage • Iron Through Time & Society*

## Scientific Committee

Suzanne Cloonan, Trinity College Dublin

John Ryan, RCSI, Dublin

Heinz Zoller, Innsbruck Medical University

Hal Drakesmith, Oxford

Katarzyna Mleczko-Sanecka, The International Institute of Molecular and Cell Biology in Warsaw

Samira-Lakhal Littleton, Oxford

Lynne Faherty, Trinity College Dublin

Bill Zhang, Weill Cornell Medicine, NYC

Igor Theurl, Innsbruck Medical University and Labor Diagnostik Tirol Innsbruck

Sandro Altamura, Ruprecht-Karls University, Heidelberg

Martina Rauner, University of Dresden

## Thursday, June 18

# Workshops, Heritage & Welcome

**09:00–14:00-Iron in Clinical Practice- from deficiency to overload**

**John Ryan**

The workshop will provide a comprehensive overview of clinically relevant areas of iron deficiency and overload; its target audience is for healthcare professionals of all disciplines and researchers. Topics covered will include Haemochromatosis, as well as iron deficiency in cardiovascular, kidney and women's health. There will be a patient representative from Ireland to give a testimony.

This workshop will take place prior to the European Iron Club Meeting. Session Modules:

### **Iron overload in clinical practice (09:00- 11.15)**

- Haemochromatosis patient testimony (Alice Kelly)
- how I manage Haemochromatosis
- Haemochromatosis nurse (Fiona Colclough, CNM2, Beaumont Hospital Dublin)
- Managing Haemochromatosis in rural Ireland (Dr Conor Mitchell, Lead GP, Community Healthcare Network Office Sligo/South Donegal, Sligo)
- Haemochromatosis in a specialist centre (Prof Bardou Jaquet, Consultant Hepatologist, Rennes, France)
- Rare causes of Haemochromatosis (Prof Elena Corradini, Internal Medicine Consultant, University Hospital of Modena, Italy)
- Arthropathy Expert (Prof Patrick Kiely, Consultant Rheumatologist, London)
- Interactive Cases discussion- multidisciplinary board meeting

### **Coffee Break (11:15-11:30)**

### **Iron deficiency in clinical practice (11.45-13.45)**

- Iron deficiency in chronic kidney disease (Prof Austin Stack, Professor and Foundation Chair of Medicine, University of Limerick, and Consultant Nephrologist, University Hospitals Limerick)
- Iron deficiency in women's health (Dr Michelle Lavin, Consultant Haematologist)
- Iron deficiency in cardiovascular disease (Hossein Ardehali, The University of Arizona, USA)
- Nutritional iron deficiency (Dr Elaine McCarthy, Senior Lecturer in Nutrition, University College Cork)
- Interactive Cases discussion- multidisciplinary board meeting